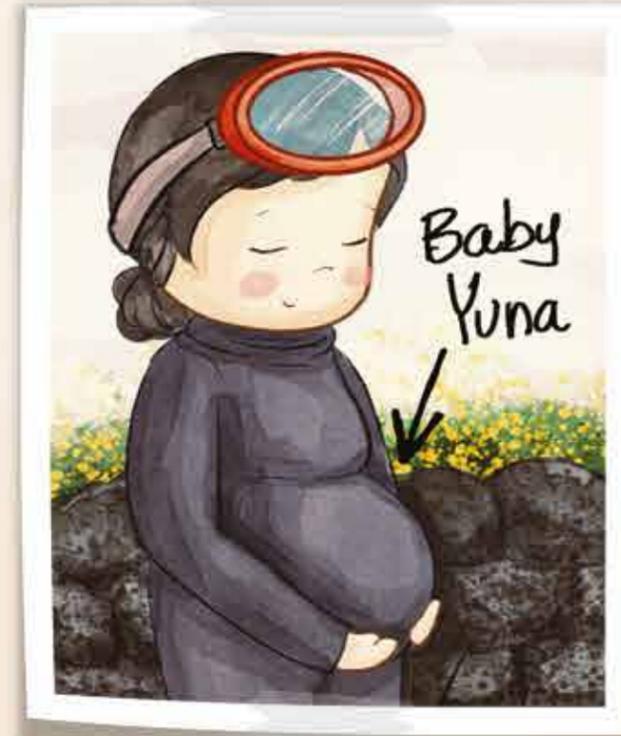




My name is Yuna.
I live on Jeju Island,
off the southern coast of Korea.

My family has lived here
beside the bright blue sea
for many generations.

The women in my family are all haenyeo, the brave women who plunge into the sea to collect seafood like abalone, conch, and sea cucumbers.



My mom—Umma in Korean—and my auntie have been diving together since they were children. They're strong and fearless. Umma even dove with me inside her belly.

Grandma was a haenyeo many years ago. She sold fish and sea creatures at the market to help provide for her family.

