

THE PATH OF THE ENERGETIC MYSTIC

Part 4

Blessings of the mesa

Inge Teunissen



Part 4 in the Serena-Series



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Voices from Q'ero: Wiqsa qoto, Qoto kallpa, Munay qoto, Mama qoto,
Tarpuy qoto and Puriq qoto

Editor: Inge Teunissen

Interpreter from Quechua to English: Dennis and Luis Alejo Mango

Art direction, drawings: Qoto

Photos: Inge Teunissen and others

Layout: Annelies van Roosmalen

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In loving memory of
Doña Ernestina Isabel Quispe Chura

“This path is not about structure, but about feeling”

Wiqsa qoto

CONTENTS

Invocation opening sacred space	10
Acknowledgements	14
Foreword	15
Before you start	18
Day 1 – March 31 2014	
1. Welcome and introduction	22
2. A complete mesa	24
Blessing of the complete mesa	25
Reading of the khuyas	29
3. The east khuya or alto khaja	32
Exercises with the east khuya	36
Day 2 – April 1 2014	
4. Welcome and sharing experiences	42
5. The south khuya or pukara mesa	44
Exercise with the south khuya	47
6. The west khuya or unu khuya	52
Exercise with the west khuya	56
7. The north khuya or q'ente khuya	62
Exercise with the north khuya	63

More from the Path of the Energetic Mystic	
8.	The khuyas of the mesa 71
	Baptizing new khuyas 83
	Ceremony for the full mesa 87
9.	Cleansing and healing techniques 88
	The hucha rumi 88
	Cleansing with five stones 90
	Healing with four khuyas 91
	Traditional way of retrieving a soul piece 93
	A quick way to retrieve a soul piece 96
	Cutting energetic cords 97
	Illumination with crystals 99
	Separation of ancestral soul pieces 100
10.	The nine temples of the heart 104
	Ritual with the nine temples of the heart 109
11.	Meditations 137
12.	The Hatun Karpay 140
	Three main initiations 140
	Baptizing ritual before initiations 142
	The Munay Karpay 142
	The Yachay Karpay 143
	The Llank'ay Karpay 144
13.	Quechua names of stars and planets 146
14.	The symbolic meaning of colors 147
“This path is not about structure, but about feeling”	
An interview with Inge Teunissen 150	
Exercises 166	
Voices from Q'ero 172	
Quechua glossary 182	

DAY 1



March 31, 2014

1. WELCOME AND INTRODUCTION

Inge

Good morning. Welcome back to the training. I am very happy to be able to introduce to you Munay qoto and Tarpuq qoto. This is the second time a female paqo is visiting Center Serena in Europe and I know how much you students wished for a female teacher to join you on this path of the Pampamesayoq. These paqos are a couple and they visited Europe many times in the past.

When Munay qoto was a young woman she was bitten by a poisonous snake and became very ill. She survived the bite and her parents considered this incident as a sign that she should become a healer. This became the starting point of her training as a healer. Munay qoto is a Pampamesayoq and has special gifts related to feminine power. She is specialized in the healing of emotions, so I am very curious what she, as a woman, will contribute to this training. Welcome Munay qoto!

Tarpuq qoto, her husband, is a Pampamesayoq as well. His path as a healer began when he was struck by lightning. Tarpuq qoto developed himself as a seer and is specialized in divination. Welcome Tarpuq qoto!

In this class we will experience the unique combination of the sacred feminine and masculine energy they carry. Last but not least, welcome Dennis! It is a pleasure to see you again and I am looking forward to your excellent translation².

This time the paqos will go deeper into the meaning of the khuyas of your mesa and will offer you exercises and rituals on how to work with the individual khuyas. But before we start I will ask the paqos to open sacred space. Then we will commence the usual sharing of your experiences since the last time we met.

The paqos respond to the personal experiences of the students. This part of the training will not be disclosed here, because of its private nature.

2 Regretfully the recording of the welcome and introduction of the paqos and Dennis failed and thus is missing. As editor I took the liberty to introduce them myself instead.

2. A COMPLETE MESA

Inge

The paqos are going to teach you more about the individual khuyas in your mesa. How many khuyas do you have in your mesa and how many new ones did you bring with you today? One or two?

Students

The last one.

Dennis

Please open your mesas. Did the paqos already teach you about the meaning of the last khuya, the Phiero khuya? Yes, no?

Inge

The Phiero stone protects your mesa. Phiero is a neutral spirit residing in the earth and it keeps your khuyas clean. It is important that you feed this khuya once a week. The Phiero khuya cleanses your mesa as long as you honor and feed it regularly. Otherwise it can turn against your mesa. You can feed it with Palo Santo, the sacred wood from Peru, or with flowers, petals, essential oils. I am accustomed to opening my mesa every Saturday to honor my khuyas and to check if they are clean. Then I also pay attention to my Phiero khuya and give it love and gratitude.

Student

What does Phiero mean? Is it a personal name?

Dennis/Tarpuq qoto

It is the name of this spirit in general. Like Pachamama is the name of the earth.

Like the Mukis?

Correct. However, the spirit called Phiero protects the mesa.

Is there a special layer in the earth where this spirit resides?

Phiero resides between the first main layer of the earth, with the seven sublayers, and the second main layer, the Holy layer.

Is the color of the Phiero khuya traditionally black?

Correct.

BLESSING OF THE COMPLETE MESA

The paqos are going to bless your khuyas. Munay qoto will bless all your mesas and Tarpuq qoto as well. They want to create balance in your mesa. Please feel the differences in energy each of them will give to your mesa.

Dennis/Munay qoto

Munay qoto has told you that she and Tarpuq qoto will integrate pure energy into your mesas, in Quechua language called wichay and uray sami. This means refined energy from the world above and below. Munay qoto will bring pure energy from Pachamama to your mesas and Tarpuq qoto from the upper world and the mountains. Connect with the energy when each of them blesses your mesa. Munay qoto will bring feminine energy and Tarpuq qoto masculine energy. Just feel the difference.

She also uses other Quechua words when she talks about blessing the mesa: paña and lloq'y fortuna. Paña means right, lloq'y left and fortuna means fortune. In this

context fortune does not mean financial abundance, but means sacred energy that will be brought into your mesas. Paña and lloq'y fortuna bring balance.

Dennis/Tarpuq qoto

He says he will bring energy from the mountains. When he is blessing your mesa you can focus on your mountain of birth or another mountain you feel connected to. This gives you the possibility to connect to and feel all your medicine stones. The paqos will also bless the sacred items you use, so please place them on your mesa cloth as well.

Dennis

All of you have a full mesa now, correct?

Students

Yes.

Dennis

In earlier classes the paqos told you that the main mesa consists of twelve khuyas and the lineage stone. But sometimes paqos carry more stones in their mesa. However, the twelve khuyas and the lineage stone form the main mesa.

Dennis/Munay qoto

Munay qoto's intention with this blessing of your mesa is to bring all kinds of pure forces that your mesa needs: to nurture, to bless your mesa and help it to blossom. When shamans in the Andes complete their mesas a big celebration is held. To have a complete mesa for her is the same as giving all your prayers, any kind of prayers, to the spirit world. She will pray for permission to give the blessing. She will start the blessing at the left side and

Tarpuq qoto at the right side.
Urpichay sonqoy.

Munay qoto blesses the mesas of the students.

Dennis

When Munay qoto was giving the blessing she called different elements. She especially called the element water many times and also a Ñusta you are not familiar with. According to Munay qoto there are over two hundred Ñustas in the cosmology of the Andes. Seven of them are the most important ones. When the paqos give the Ñusta rites they transmit energy of those seven main Ñustas. The Ñusta she was calling during her blessing was Huana Pincha. This Ñusta is the goddess of embracement. According to her your mesa embraces you. It is very close to you. Her calling of this special goddess will help you to feel your mesa in that way, as embracing you.

Dennis/Munay qoto

It could be that, when you continue developing on this path, you start to carry two mesas instead of one. Some paqos in the Andes have one mesa, others two. The ones who have two mesas separate the feminine from the masculine khuyas. They carry one mesa with six khuyas, the masculine ones, and one mesa with seven khuyas, the feminine khuyas plus the lineage stone. This is the way they separate their main mesa in a masculine and a feminine mesa. Because they are travelling, Munay qoto and Tarpuq qoto carry all their khuyas in one mesa. But I saw both of them separating their khuyas when they were preparing for a healing. When Munay qoto gives an initiation she uses two cloths, one for the feminine and one