

Great Men Are Made By Editors

By Charles John Alexander Jarvis

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Thanks to Vitalski, Kristo, Serge, my family, the fact that they just discovered in time I have epilepsy and take medication for this every day twice, thanks to Vital & Kristo for them going to help me to publish these books and thanks to love, love, love, specially love.

Love,

Charles John Alexander Jarvis

April, 4, 2023

Foreword by Kristof Gabriel Carina van
Hooymissen, Editor

Although the focus is on results, the rituals of Karma-kanda can be a stepping stone to deeper knowledge, as the performer comes into contact with higher spiritual ideas through the Brahmanas (intellectuals and priests) and can ultimately be led to the knowledge of the Self as described in the Bhagavad Gita.

Charles has been working on music for decades. He was hospitalized several times for so-called addiction, "psychosis" and anger issues whilst a shaman sees these altered states as a kind of shamanic awakening with a natural healing potential so I Myself am totally against the materialistic-humanistic approach to these altered states of consciousness which mainstream science suppresses with medication, mostly given for financial profit. If we can lead the karmi's to bhakti our mission is accomplished without forcing anyone. Charles loves Celtic spirituality and I respect Him for that. I personally became completely free of drugs thanks to the wise teachings of His Divine Grace A.C. Bhaktivedanta Swami Prabhupada, the guru John Lennon visited.

This book are His frustrations of being locked up against His will and I am willing to help Him publish this complaint because I also don't believe

in the DSM (Diagnostic and Statistical Manual of Mental Disorders) because the inventors of mental disorders all have ties to Big Pharma. Remember that those giving poison are one of the main enemies in the sacred literature as the Bhagavad Gita. When you're hungry, you need healthy food, not a drug to suppress your appetite. Mainstream psychiatry gives the drug to suppress, holistic medicine gives the food.

I hope that we can end the forced hospitalization of people and the influence of Big Pharma on doctors and psychiatrists. Natural healing through orthomolecular and holistic medicine is much wiser than the current Rockefeller-based Big Pharma. I hope that the psychiatrists and doctors of the future will understand our complaints and learn from it, for a better world. Dr Gabriel Cousens once gave a person in a psychotic crisis only a hug with love and hospitalization was avoided that way.

This little book are the written words of someone locked up against His will. I personally fought My own battle against addiction and am currently clean for about seven years and hope to be a guiding light, a lighthouse for others to give them the courage that it is possible to overcome addiction. Drug addicts live in darkness or *tamas* and have a difficult life. In my case thanks to constant *bhakti yoga* and the chanting of the Holy Names of God I got freed from that miserable life : the Maha Mantra and the Jewish *etragrammaton*

are mantras that help on the path to liberation. In this current age of Kali we have a small golden age which gives us the opportunity to always be sheltered by chanting the Holy Names. In that way we are always protected and taken care of, not by an escape into drugs or alcohol.

"The reproductive organs are the crucible of enlightenment, but only when the fire is rightly kindled." — Gopi Krishna

Most enlightened masters renounce sex to accelerate Kundalini's ascent.

"Sexual yoga is a quick path, but you must be almost a Buddha to practice it." —Khamtrul Rinpoche

Kundalini Research Institute's archives suggest **less than 5% of documented enlightened masters maintained active sexual relationships**, and even these were strictly regulated to prevent energy loss. A Buddhist teaching is that one easily reaches nirvana (moksha or liberation) when one overcomes lust.

The majority of Kundalini adepts, including **Swami Muktananda** and **Paramahansa Yogananda**, practiced lifelong celibacy to conserve energy for spiritual breakthroughs.

Money, sex, power and fame can become idols that distract one from the spiritual path, as Gabriel Cousens teaches in His Torah.

Authentic Tantric unions require complete retention of sexual fluids, with energy redirected upward via breath and visualization. As Tenzin Palmo, a Western Buddhist nun, notes: *"Real tantric liaisons demand near-Buddha levels of control—no emission, no lust, only pure awareness"*.

I hope that Charlie does not fall in for the traps that Maya sets up for the spiritual seeker because there is no real liberation on the left-hand path. As Gabriel Gonsalves said wisely : "Every master was once a disaster."

In India people retire after age 50, visit holy places and have an instructing advisory role for the next generation.

In the end, we all need to return to the wisdom of the Heart, as Ramana Maharishi wisely said.

I am honoured to help Charles with this publication. Thomas Alfa Edison wisely predicted that the doctor of the future will not give medicine but instruct the patient on eating a healthy diet and taking care of the body. Lifestyle changes are more successful than coercion in a mental institution. I personally healed a lot by restoring the mitochondria in the damaged DNA with supplements like co-enzym Q10, Ginseng, Spirulina and omega 3 fatty acids. This rebuilds the brain in a healthy way. I personally saw a lot of saintly people in mental institutions. As Arthur Schopenhauer wisely said : "Nature has an escape mechanism when the pain of life becomes unbearable and that is insanity." Although a lot of

so-called madness is genius in disguise, and the profession of the genius is art. We are not our race, religion, name or profession. We are pure eternal consciousness that will never die and lives on eternally, even after we leave our physical bodies. Thou Art That! I hope that Charlie realises this as well and I wish Him all good luck, success in life and much love. The goal of life is liberation from the cycle of birth and death. Nothing more, nothing less. Good luck, my dear friend on Your future path. May You become successful. Self-realisation is recognising yourself as pure, immortal consciousness. If you are addicted to smoking before this realisation, you will still be after realisation. It's changes nothing. It's just a recognition of your pure awareness, your natural state, that the witnessing consciousness is always observing. Good luck on your future path, Charles. You can do it.

“Manic episodes, spaced-out and disorganized thinking, or intense personal and even spiritual crises are not the same as Kundalini awakening. Labeling them as such may make people feel good, but adds confusion to the process of getting proper help. It is, however, useful to redefine and appropriately turn the crisis, whatever it is, into an opportunity for psycho-spiritual growth.”¹ – Dr Gabriel Cousens, M.D.

1 Cousens, Gabriel, *Spiritual Nutrition, Six Foundations for Spiritual Life and the Awakening of the Kundalini*, Berkeley, California, North Atlantic Books, 1986, 2005