"A THOUGHT-PROVOKING AND PRACTICAL GUIDE TO RESHAPING NOT JUST BUSINESSES BUT THE VERY NATURE OF YOUR LEADERSHIP ITSELF."

"AN ESSENTIAL ADDITION TO ANY BUSINESS SCHOOL SYLLABUS. VISSER MERGES NEUROSCIENCE, LEADERSHIP, AND BUSINESS CULTURE INTO ACTIONABLE INSIGHTS."

"IN TODAY'S FAST-EVOLVING BUSINESS
LANDSCAPE, THIS BOOK IS A LIGHTHOUSE. IT HAS
HELPED OUR LEADERSHIP TEAM."

Your Leadership and the
Transformation of
your Business

Walter H. Visser

Your Leadership and the transformation of your business

Walter H. Visser, Founder, Partner, See&Be

Published: See&Be, 's-Gravenhage, The Netherlands

ISBN: 9798465129532

Cover picture: nl.pngtree.com

2022: 1st Edition

2025: 2nd Edition

Copyright © 2025. All rights reserved. No portion of this book may be reproduced in any form without permission from the publisher except as permitted by copyright law in the Netherlands. For permissions contact:

info@seeandbe.one

TO DEAREST KARIN MY LIFE PARTNER AND OUR BELOVED CHILDREN, KELLY AND ROB

To see is not merely to observe,
But to feel the depth where futures swerve,
Where leadership emerges from the now,
And teams create what once was just a vow.

In every glance, the future expands, A world of chances held in our hands. Not just the shape, the plan, the time, But the endless paths that we can climb.

What is the essence of our act?

Is it the plan, or the impact?

The steps we take, together strong,

Each decision a building block along.

To see is not to stand apart,
But to recognize what we can start—
In the depth of teamwork, firm and swift,
Creating worlds with every shift.

In seeing, we grasp the art— The power of action, never to depart. Endless possibilities await our stride, And the future lies within our guide.

 \sim

FOREWORD11					
INTROD	UCTION	15			
PART 1	POWERFUL LEADERSHIP	19			
CHAPTER	1- WHO ARE YOU?	21			
1.1.	The science of seeing differently	21			
1.2.	Me, Myself, and I	23			
1.3.	Talking to your brain				
1.4.	Discovering your true self	29			
1.5.	The addiction of thought	31			
1.6.	Don't believe everything you think	31			
1.7.	Disconnected from yourself	33			
1.8.	Thoughts and feelings	35			
1.9.	Emotional literacy	37			
CHAPTER	2 - WHO DO YOU CHOOSE TO BE?	39			
2.1.	What determines your context?	39			
2.2.	The power of a created context	40			
2.3.	Getting complete with your past	41			
2.4.	I am that I am	43			
2.5.	Being free to choose	44			
2.6.	Keep on looking	46			
2.7.	The beginning of transformation	48			
CHAPTER	3 - BEING A LEADER	49			
3.1.	Your way of being	49			
3.2.	Engaging people	50			
3.3.	The language of leaders	51			
3.4.	Being a conscious leader	52			
3.5.	Trends in leadership	53			
CHAPTER	4 - SUMMARY & EXERCISES	54			
4.1.	Highlights	54			
4.2.	Summary	55			
4.3.	Exercises	55			
11	Questions	56			

PART 2	POWERFUL TEAMS	59				
CHAPTER	R 5 - COMPANY CULTURE	61				
5.1.	Which problem are you trying to solve?6					
5.2.	What is missing?					
5.3.						
5.4.	Your company culture	66				
5.5.	Relational awareness					
CHAPTER	R 6 - TEAM BUILDING INTO ACTION	68				
6.1.	Common values shifting over time	68				
6.2.	What values do you want to embrace?					
6.3.	What are your core values?	71				
6.4.	Transparency	74				
6.5.	We versus me	74				
6.6.	Making values work for you	75				
6.7.	A new state of being	76				
CHAPTER	R 7 - SUSTAINABLE CHANGE	78				
7.1.	Company culture	78				
7.2.	Bringing purpose to brand	79				
7.3.	The say/ do gap	80				
7.4.	Keep the conversation going	81				
7.5.	What's love got to do with it?	81				
CHAPTER	R 8 - SUMMARY & EXERCISES	82				
8.1.	Highlights	82				
8.2.	Summary	83				
8.3.	Exercises	84				
8.4.	Questions	85				
PART 3	POWERFUL EXECUTION	87				
CHAPTER	R 9 - AN EFFECTIVE STRATEGY	89				
9.1.	Why most strategies fail	89				
9.2.	Executing a strategy successfully	90				
9.3.						
9.4.	Looking for possibilities					
9.5.	A compelling future	93				

9.6.	'Big' speaks to people's imagination9				
CHAPTER 2	LO - A NEV	V STATE OF BEING	95		
10.1.	95				
10.2.	Getting out	Getting out of your own way			
10.3.	100				
10.4.	Humanized	growth	102		
CHAPTER 2	l1- EXECU	JTING STRATEGY	103		
11.1.	Planning ver	rsus execution	103		
11.2.	Key element	s of successful execution	103		
11.3.	Challenges i	n Execution	105		
11.4.	Steps towar	ds successful execution	105		
11.5.	Tools for exe	ecution	106		
11.6.	Role of the L	eadership	109		
CHAPTER 2	l2 - SUMN	лаry & exercises	111		
12.1.	Highlights		111		
12.2.	Summary		111		
12.3.					
12.4.	Questions		113		
EPILOGUI	115				
SOURCES	117				
ABOUT T	HE AUTHOR		121		

FOREWORD

If we take an outside-in perspective, it's undeniable that the world is engaged in a transformative process that will change people and businesses forever. The 50-year-old paradigm of shareholder primacy is making way for a more purpose-driven multistakeholder business model that serves not only shareholders, but adds value to all stakeholders including people, planet, and community.

Over the years, we have optimized our systems to maximize shareholder value and, despite the fact that we have taken one billion people out of poverty¹, we have reached the tipping point of a broken world creating an unsustainable business perspective. Just extracting or receiving and not giving back is no longer sustainable. Time is limited and we need to migrate to a different way of being, starting with ourselves and our organizations, to finally include all our stakeholders, systems, and wider environment. Many CEOs still have this shareholder centric view on running their businesses. However, a vast majority of them know that what they are doing is not sustainable.

Young millennials and Gen Zers already adopted a different mindset in support of these new values, and I believe that businesses need to change. In this era, questions from the seventies arise again, like what do you see; how do you see yourself as a leader, and how is your organization contributing

¹ Polman, P. & Winsten, A.S. (2021). Net Positive.

to a better world? In this book we will address these questions from an ontological point of view considering the contemporary values of the 2020s, that again shifted as compared to the values of generations before. The values of the 2020s can be characterized by mental health, resilience, and adaptability. Work-life balance, flexible lifestyles, remote work, and an increasing concern for sustainability and authenticity are defining trends.

"THE NEXT BIG INNOVATION PROBABLY WON'T BE A NEW TECHNOLOGY, BUT A NEW WAY OF SEEING"¹

Breakthroughs are not achieved by working harder or by trying to do better. They require a different way of looking and a different state of being. Teams that are authentic in their selfreflection and dare to look at what is missing, have access to breakthroughs in results and to sustainable changes that provide a significant competitive advantage.

Based on years of practical experience as a family man and a business leader, I created a practical book that guides you on your journey to discover and realize a new way of being for yourself, and that acts as a pathway to fulfilment through authentic self-expression and conscious leadership.

This book has two storylines. Paragraphs in the grey boxes are flashbacks reflecting my personal struggles and successes in

12

.

¹ Lotto, B. (2017). Deviate: The Science of Seeing Differently.

life. It illustrates my lifetime process to seeing things the way they really are. It is also a testimony to how my resistance to being vulnerable finally cost me dearly, in both my personal and professional life¹. In regular text is a guideline for managers, leaders and teams to help transform themselves and subsequently their business into a more sustainable, humanized business in a powerful way, based on an ontological approach.

Last but not least, I would like to express my great appreciation to Majella McCone, who meticulously read the manuscript of this book and suggested countless changes to make it good English.

Now let's have a look where this all started.

From hypersensitive to career maker

I was the first born (1958) after my parents were married for seven months. My mother was twenty-two and raised in a Christian family. As an unborn baby, I must have felt being unwanted at first. In hindsight, I believe that, as a newborn, connecting and creating a safe and intimate relationship with my mother must have been challenging. If so, this would have been traumatic impacting whom I became to be. As a child and later an adolescent, I was hypersensitive and uncertain in my interactions with other people. As a young adult, I had to shut off part of this hypersensitivity as a coping mechanism to protect myself. So, I have been going through life with limited self-reflection, mistrust

¹ Brené Brown (2015). Daring Greatly

¹ Heller, D.P. (2017). The Power of Attachment