

FOOD FOR THE SOUL – ÖNDER DEMİR

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ALL MESSAGES FROM THE MASNAWI OF RUMI

TRANSLATED FROM TURKISH

BY ÖNDER DEMİR

Foreword

*Dear readers, this book of mine titled "**FOOD FOR THE SOUL**" consists of the important messages from Masnawi, written by Mevlana Rumi which consists of a total of 6 volumes.*

Even if you read a few pages every day, the power of your soul will be strengthened, it will keep you away from negative energy dimensions, increase your energy and help you keep your heart, i.e., your mind, alive. I present this book to you with the wish that only those who are on the path of true knowledge and truth will read it, and I await your prayers.

With greetings and prayers

Önder Demir

Masnavi - Messages from the 1st volume

Listen to whoever tells stories about ney (flute) to complain about breakups, since they cut me off from the reeds, everyone is groaning.

(Reed: Paradise, Ney: Man, Separation: Descent into the World, Longing: God)

Even though there are a hundred types of melodies that fall off his tongue, he is mute. When the rose withers and the season is over, you will not hear a cry from the nightingale.

He who has no inclination towards love is like a bird without wings.

The gates of mercy are closed to beggars because of their greed. If alms are not given, the rain cloud will not come, and if adultery increases, infectious diseases will increase. Whatever comes into them from scale and gloom comes from their fearlessness and arrogance.

*The smell of any wood comes from its smoke. The groan
betrays the nature of the disease.*

*Love is the astrolabe, the mystery of God. (Astrolabe:
Instrument that measures the height of the sun) The
exegesis of the language is very revealing. But the
unspoken love is even brighter.*

*Time is a sharp sword.
A Sufi is the son of time. He doesn't say tomorrow, he
takes the moment.*

*If your secrets remain in your heart, your wish will
quickly come true. If the seed is hidden in the ground,
it will bloom.*

*A love that is manifest is not love.
It eventually becomes shame.*

*The world is like a mountain, what we do is sound.
What happens to you is an echo of your actions.*

*These problems are for the quarry to separate the pulp
from the silver. The test of good and evil is that the gold
is boiled, and the dregs rise to the top.*

*The feeling of the world is the ladder of effort, the
feeling of religion is the ladder of heaven. Ask the
doctor about the health of the worldly sense and
Muhammad about the health of the religious feeling.
The health of the feeling of the world is the health of
the body. The health of the feeling of religion is to kill
desires.*

*One is pinched by partisanship, anger and lust. Anger
and lust separate the soul from the truth. As for
resentment, the trick is covered.*

Do not put wheat in the coop without repelling the mouse for the time being.

Prayer is not complete without peace of mind.

The body is the house of envy.

This realm is the prison of souls.

Images prevent you from recognizing the true meaning.

It is not possible to reach God by attaining intelligence.

Rulers give their gifts not to those who know it very well, but to those who are helpless in the face of them.

Ascension through meaning is a blessing for pure souls.

If you have a problem, you have smelled it and found its cure. Those who are more awake have more trouble.

The parts are facing the whole. The love of the nightingale is also a farewell.

The mother of idols is exquisite.

Hold on to Ahad (unity) and Ahmad (Prophet Muhammad) so that the body may be freed from the Abu Jahl. (Abu Jahl - father of ignorance - is the epithet of one of the bitterest adversaries of the Prophet Muhammad.)

If God wants to tear the veil off someone's body, He will make him condemn pure people. If he wants to hide his shame, he will not be able to talk about the flawed people. If he wants to help, he opens the door to prayer and supplication.

The end of every cry is laughter.

Where there is a stream, there it will bloom. If there are tears, mercy will come.

*Ask for forgiveness when grief surrounds you.
Because grief only affects you by God's command.
God willing, sorrow and hardship can even be joy for you.*

The fear of poverty has made people greedy.

The world is a dungeon, we are imprisoned, Pierce the dungeon and escape. The skin is a ship, the world is a sea. If you put the world on your skin, the ship will sink. Take it under your feet so you can swim away.

The world is a corpse. Science is life.

***Don't move your lips over three things: your path,
your money, and your denomination.***

*Whoever seeks wisdom becomes the source of wisdom
himself. There is no need to collect and bind to one
thing. The tablet that stores the information is
preserved; the mind receives inspiration from the spirit.*

Desires are the key to the door of faith.

*The skin hides the shame of evil within. The invisible
world hides the guilt of the good within.*

***If your pen is water and your paper is the wind,
everything you write is worthless.***

A meaningless word; is like a letter written on water.

The light of the eye is the light of the heart.

***When the accident comes, knowledge and precautions
fall asleep.***

***God names people according to their destiny. People
knew Omar as a polytheist. But God has made him a
believer for eternity. He became a believer.***

***Even if the accident embraces you like a night, only he
will hold your hand. Remember that God's intimidation
is a kind of help for you to get to safety.***

***Bless you; It is the peace of opposites. When there is
war between them, death comes upon the body.***

***The cruelty of the oppressor is like a dark well. He
himself eventually drowns in it.***

The cruelty you see from people is your habit. You're just observing your own behavior in their mirror.

O throw yourself into the fire of sorrow! Gradually sprinkle light on the fire and let it be light.

The world: It is a source of gossip, debates and bets. If you fall into this well, you will not be able to come out unscathed.

Recognize the superiority and change of situations from God.

*Stop drinking water for a few days.
Dip your mouth in the wine of eternity so that you can drink the truth.*

*Hell is our ego (Nafs).
Our ego is a piece of fire.
The part lacks the whole.
The goal of the ego is to take us to hell,
to which it belongs.*

*If you're just like an arrow, no bow can hold you.
Be with the truth so that you can jump from the bow
of the ego (Nafs) to the truth.*

*The human being consists of the eye.
The eye is the eye that sees the friend.*

***Demons and people are afraid of those
who fear God (Allah) and follow His path.***

*Bread lies lifeless on the table. When it enters the body,
it becomes a joyful mind.*

God's creation creates our works. Our work is the work of God's work.

God said to Adam, "I have finally arranged your guilt as well. But you took all the blame on yourself and repented. Adam said, "I was scared and couldn't give up my manners." God said, "We have protected and favored you because of these manners."

He who worships is revered.

In spirit, Omar and Abul Hakeem were one. Omar entered the realm of life and became the caliph. Ebulhakem, however, remained in the realm of the intellect and eventually became Abu Jahl. ("Father of Ignorance")

If you follow the commandments of the Qur'an and take a share in its parables, the skin cage will be tight for the soul bird.

Being famous in the public eye is an obstacle to getting secrets. Try to get rid of fame.

How happy it is for the beloved when friends remember the beloved.

O Allah, we love both your wrath and your mercy.

The tongue is like flint and iron. It turns into fire that comes out of the tongue.

If you want to talk like sugar, stop eating halva and be patient. The greed of prudence strives for patience, the greed of children for halva. Those who are patient will ascend the throne, and those who eat halva will remain on the ground.

If a perfect person possesses earth, it becomes gold, if an incomplete person possesses gold, it becomes earth.