



miracle

WEEK PLANNER



this book belongs to :





words of affirmation

repeat out loud



*I don't chase, i attract.
Everything thats for me will
find me.*



Open Your Chakras

Root



I am here. I am now. I am safe.

Sacral



I am worthy. I am a work of art. I allow my inner self to be seen and expressed.

Solar



I have a purpose on this planet, and I have the strength, confidence, & life energy I need to fulfill it.

Heart



I love myself unconditionally. I open my heart with compassion & unconditional love for all beings.

Throat



What I say matters. I give voice to my truth & inner wisdom.

3rd Eye



(3rd eye press) I see clearly as the obstacles of my ego fall away. I trust my intuitive knowing.

Crown



I am one with the universal presence that transcends space & time and pervades all that is.



gratitude

question of the week



*what am I grateful for this
week ?*



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