



Earlier publications by ImageBooks
'F*ck it list book'
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HALF A WO IS ENOUGH FOR BOTH OF US

I LOVE YOU TO THE MOON AND SHUT UP

Hi,

The two of you already have so much to do in so little time. Often for someone else instead of for yourselves. So it's great that you have our book in front of you. Whereas the first book focusses mainly on you as an individual, this book focusses on you as a couple.

No, don't expect relationship advice. We don't have a clue about that but we do know about f*ck it lists. Things you should not do. Or the two of you can do while getting energy in return. This will give you more time for each other: to sit back and relax, to enjoy, to do something fun or to argue; f*ck it.

Finding time for each other can be complicated. Because besides yourself and your partner, there's your work, family, friends, career and any other obligations you have – such as saying hi to the neighbours, running errands, working out, watching TV and getting up every morning. You may even find yourself busier with other things than with each other, with very little energy left for your partner. So you go on holiday to get closer to one another. But when those 2 weeks have passed, there are still 50 left for the rest of the year. Sigh ...

It's high time to let go and be guided by this book. It's written with a wink – and a drink – but it also has a serious undertone. So if you read between the lines, you will enjoy it much longer.

This book hopes to make you aware of the things you do on a daily basis, consciously or subconsciously, but that don't necessarily contribute to your relationship. And of things you probably don't do, but that can give extra sparkle to your relationship.

F*ck it, life is short. Enjoy everything you do('nt do) together.

Love,
Jacob & Haver
(just a business couple)

f*ck it!

BURN YOUR BUCKET LIST TOGETHER

Unattainable goals and expensive trips?
F*ck it. There's already so much to do.
Let it go.

Use the
word f*ck!

You'll feel much better!
Not always polite, but f*ck it.
It works.

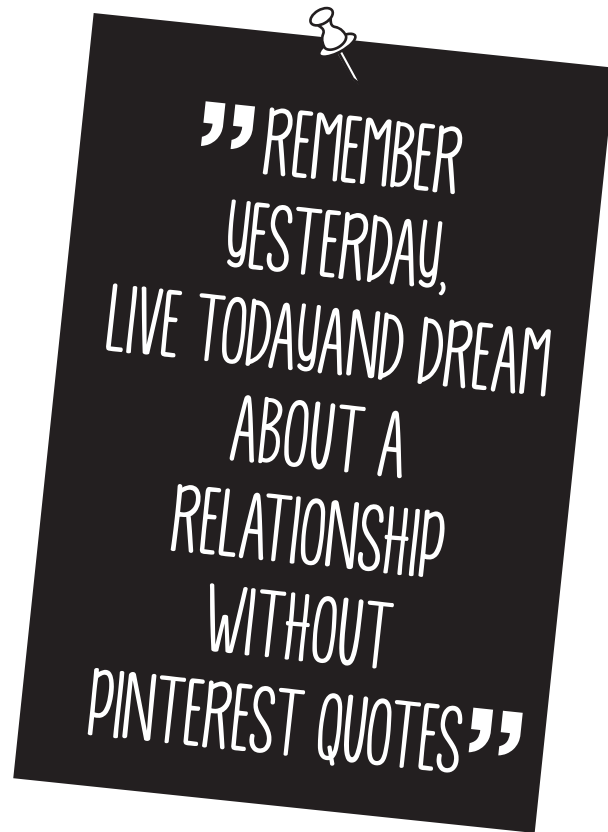
STOP USING THOSE SWEET PINTEREST QUOTES

What do they add, anyway?



SKIP THAT BORING BIRTHDAY

You guys don't want to go?
Then go and have a drink.
Except when it's Sunday morning.
Then you should sleep in.



DON'T WORRY SO MUCH ABOUT WHAT OTHERS THINK OF YOU

Be yourself,
there are plenty
of others.



DON'T CLEAN THE WHOLE WEEKEND

Just go outside and have fun!
It won't bother you then.



Stop that
healthy cooking

Surely you don't want
to get into that?!
Do some extra 'workouts'
to help you burn those calories



EAT THAT CHOCOLATE BAR TOGETHER

The 80/20 rule: 80 % for you,
20 % for your partner.

BAKE A PIZZA
TOGETHER

→ Just kidding,
order one!

THROW A PIE IN EACH OTHER'S FACE

But not that apple pie
fresh from the oven!



TAKE EACH OTHER ON A CITY TRIP



And don't tell where you're going until
you're at the airport.

(for instance
we'll go to Paris
by car.)



ASSEMBLE
IKEA FURNITURE
TOGETHER

If you manage to survive that,
you really belong together.



DO IT OUTSIDE FOR ONCE

And not in an
amusement park
or something.



DO IT
IN THE
FOREST
FOR ONCE

Like Bushman
and Twiggy.



”F*CK,
LITERALLY”

DO IT
IN THE
LIVING ROOM
FOR ONCE



It's in this book,
so you have
to tick the box.

Do it
in the car
for once



Hopefully you
don't have a Smart.
Then it'll be a
tight squeeze. ;-)

DO IT FOR ONCE!

If that in itself is unique for you.



**F*CK
DIE
CARRIÈRES,
GENIET
OOK
VAN
JULLIE
TIJD
SAMEN**



Maak daar maar eens werk van.

*Stop die verplichte
bezoekjes aan
(schoon)ouders*



*Je hebt wel wat beters te doen.
Bijvoorbeeld de hele dag
in bed blijven liggen.*



**STOP JEZELF
MET ANDEREN
TE VERGELIJKEN**

*Jullie zijn uniek.
Net als al die anderen.*

**DEEL NIETS
OP SOCIAL
MEDIA WAT
JE VOOR EEN
ANDER DOET**

*Geniet gewoon samen,
f*ck die likes.
Het mag wel een Instagrammetje
minder zijn.*



*Laat niet
over jullie
heen lopen*

Dat doet ook nog eens zeer.



**STOP
MET
STELSEL-
MATIG
OVER-
WERKEN**

*Nee, niet in het huishouden.
Gewoon op je werk.*



**ZET
DE WERELD
OP PAUZE**

*Met Netflix, seks, drank,
zolang het maar werkt
voor jullie.*

Pauze.



**ZET JULLIE TELEFOONS
EEN KEER OP STIL**

*En laat die appjes en updates voor wat ze
zijn. Heb jullie wat gemist aan het einde van
de avond?*

TO DO LIST

1.
2.
3.
4.
5.

6.
7.
8.
9.
10.

**F*CK IT, DIT GAAN
WE MEÉR DOEN!**

**LIEFDE IS:
HOE WAS JE
DAG?**

**-MWAH,
WEL PRIMA.**

**OKÉ, KUT
DUS?!**

**-JA,
INDERDAAD**

TREK DIE FLES WIJN OPEN
OP MAANDAG

TREK DIE FLES WIJN OPEN
OP DINSDAG

TREK DIE FLES WIJN OPEN
OP WOENSDAG

TREK GEWOON ELKE DAG
EEN FLES WIJN OPEN

F*CK IT

Dus. Dat.

**IK SCHIJN
TWEE SLECHTE
EIGENSCHAPPEN
TE HEBBEN:
1) IK LUISTER NIET
2) UH, EN NOG IETS**

...

Spuit gewoon
10x slagroom bij
op je aardbeien



En vergeet de chocolade niet.



**GOOI
'S AVONDS
GEWOON
NA HET
AVONDETEN
NOG EEN
PIZZA IN DE
OVEN**

Dat sporten jullie er wel af, ooit.
Hopelijk.



**BESTEL
2 SNACKS
BIJ
JE FRIET**

En dan niet stiekem
2 XXL-frikandellen.

ONTBIJT
EEN KEER
SAMEN
BIJ DE
GROTE M

Dat is de 'M' van roMantisch.

