

## The 5 best restaurants with a cool LISBON ATMOSPHERE

---

- 11 **100 MANEIRAS**  
**Largo da Trindade 9**  
**Chiado** ⑥  
**+351 91 030 7575**  
**[www.restaurante100maneiras.com](http://www.restaurante100maneiras.com)**
- 100 Maneiras is owned by Ljubomir Stanisic, a Sarajevo-born and Belgrade-raised chef. The atmosphere is one of the best in town and the food lives up to the expectations as well, with dishes inspired by the culinary traditions of Portugal, France and Yugoslavia, but with a daring twist. It's the trademark of Ljubomir, who refuses to feel inhibited out of respect for the past.
- 12 **MINI BAR**  
**Rua António Maria Cardoso 58**  
**Chiado** ⑥  
**+351 21 130 5393**  
**[www.minibar.pt](http://www.minibar.pt)**
- Star chef José Avillez opened this gastropub in a former theatre around the corner from his two-Michelin-star restaurant Belcanto. At Mini Bar the menu is filled with Portuguese-style tapas. The décor echoes the building's theatrical past and is informal and sophisticated at the same time.

- 13 **TABERNA MODERNA**  
**Rua dos Bacalhoeiros 18A**  
**Baixa** ⑥  
**+351 21 886 5039**  
**[www.tabernamoderna.com](http://www.tabernamoderna.com)**
- Located on the edge of Alfama, Taberna Moderna is literally what the name means in Portuguese, namely a modern tavern. The owners were inspired by the traditional small restaurants that you find all over the city, but they added a contemporary touch to the concept.
- 14 **THE DECADENTE**  
**Rua de São Pedro de Alcântara 81**  
**Chiado** ⑥  
**+351 21 346 1381**  
**[www.thedecadente.pt](http://www.thedecadente.pt)**
- The brainchild of the Eça Leal brothers, The Decadente is attached to their award-winning hostel. This is one of the city's hotspots, with an eclectic vibe and an international crowd, which ensures a great atmosphere every single night.
- 15 **SANTO ANTÓNIO DE ALFAMA**  
**Beco de São Miguel 7**  
**Alfama** ⑦  
**+351 21 888 1328**  
**[www.siteantonio.com](http://www.siteantonio.com)**
- This three-storey restaurant has an amazing location. Try to get a table on the exceptional outdoor terrace (first come, first serve), set in a small alley covered with grapevines, where local residents go about their lives in the adjoining houses.



## The 5 best places for **SITTING IN THE SUN**

---

### 121 **À MARGEM**

**Doca do Bom**

**Sucesso**

**Belém** ②

**+351 91 862 0032**

**[www.amargem.com](http://www.amargem.com)**

The minimalistic À Margem has no need for a fancy décor to compete with the sight of the wide river right in front. The location is in fact superb, two steps away from the Tagus, on the river boardwalk that links two of the city's most striking monuments: the Padrão dos Descobrimentos and the Belém Tower.

### 122 **ZAMBEZE**

**Mercado do Chão do Loureiro**

**Mouraria** ⑦

**+351 21 887 7056**

**[www.zambeze.restaurant.pt](http://www.zambeze.restaurant.pt)**

Zambeze is a peculiar restaurant that blends the cuisine from Mozambique with that from a region of Central Portugal, Beira. Its outdoor terrace, on the other hand, is all about Lisbon alone. The view on the river and the hill of Chiado is mind-blowing, with the castle and the Sé church as a backdrop.



## The 5 best FOOD MARKETS

---

211 **MERCADO DA RIBEIRA**  
[Avenida 24 de Julho 50](#)  
[Cais do Sodré](#) ⑥  
[+351 21 359 3100](#)

After having spent many years in a lethargic state, Lisbon's largest food market Mercado da Ribeira (built in 1892), was renovated by Time Out magazine. New food stalls and kiosks were added but also the traditional market vendors stayed. The market quickly became the city's new food hub and the second most popular tourist attraction.

212 **MERCADO DE CAMPO DE OURIQUE**  
[Rua Coelho da Rocha](#)  
[Campo de Ourique](#) ③  
[+351 21 132 3701](#)  
[www.mercado  
decampodeourique.pt](#)

This cosy neighbourhood food market in Campo de Ourique was the first in town to be renovated, setting the example for other markets. The new additions include a dozen food stalls that blend in perfectly with the traditional vendors of fish, vegetables and fruits. It's one of the city's hotspots.

213 **MERCADO DE ALVALADE NORTE**  
[Avenida Rio de Janeiro 27](#)  
[Alvalade](#) ⑧  
[+351 21 849 1860](#)

Located in the north of Lisbon, in the neighbourhood it was named after, this food market is celebrated for the quality of its products. It has yet to experience a revamping like the markets of Ribeira, Campo de Ourique and Algés did, so this is the place to go if you're looking for a more traditional and neighbourhoody feel.

214 **MERCADO DE ALGÉS**  
[Rua Luís de Camões](#)  
[Algés](#) ①  
[www.mercado  
dealges.pt](#)

Dating from the 1950s, this is yet another of Lisbon's typical neighbourhood food markets. It was recently renovated to welcome 16 food and beverage outlets and an outdoor terrace, in addition to the traditional vendor stands. It's a lively place where you can enjoy the Lisbon way of life.

215 **MERCADO 31 DE JANEIRO**  
[Rua Engenheiro Vieira da Silva](#)  
[Saldanha](#) ⑧  
[+351 21 354 0988](#)

Located in the heart of the business district, this market offers a large variety of food vendors as well as two restaurants serving menus made with the ingredients sold in the adjoining stalls (one is vegetarian). There is also an interesting shop selling vintage furniture, an offspring of Cantinho do Vintage.

253 **EDP HEADQUARTERS**

Avenida 24 de Julho  
Cais do Sodré ⑥

This light and airy building was designed by award-winning architecture firm Aires Mateus as the headquarters of the former state-owned energy company EDP. Located next door to the Mercado da Ribeira it blends perfectly with the contrasting surroundings, despite its size and style. It has in fact set a new standard for contemporary architecture in the city.

254 **MUSEU DOS COCHES**

Praça Afonso de  
Albuquerque  
Belém ②  
+351 21 361 0850  
[www.museu  
doscoches.pt](http://www.museu<br/>doscoches.pt)

The new Museu dos Coches was designed by Brazilian Pritzker Prize winner Paulo Mendes da Rocha on a plot adjacent to the old museum, that used to be occupied by the former royal riding school. The museum offers an interesting contemporary backdrop to the richly decorated carriages, some of which date as far back as the 15th century.

255 **FUNDAÇÃO  
CHAMPALIMAUD**

Centro  
Champalimaud,  
Avenida de Brasília  
Belém ②  
+351 21 048 0200  
[www.fchampalimaud.  
org](http://www.fchampalimaud.<br/>org)

The Champalimaud Centre for the Unknown is housed in a state-of-the-art building designed by Indian architect Charles Correa. Located on the riverbank, near the mouth of the Tagus, the building finds the perfect balance between form and function. It truly expresses the essence of the magnificent location it was built on.

5

**REMARKABLE  
PALACES**

---

256 **CASA DO ALENTEJO**

Rua das Portas de  
Santo Antão 58  
Av. da Liberdade ④  
+351 21 340 5140  
[www.casadoalentejo.  
com.pt](http://www.casadoalentejo.<br/>com.pt)

It's hard to imagine the wonders that are kept inside of the Casa do Alentejo. The interiors are of Neo-Moorish inspiration, with richly decorated palatial rooms, a restaurant and a grand hall that is the perfect décor for the social functions and cultural events that take place regularly.

257 **PALÁCIO FOZ**

Praça dos  
Restauradores  
Av. da Liberdade ④  
+351 21 322 1200  
[www.gmcs.pt/palaciofoz](http://www.gmcs.pt/palaciofoz)

This palace (which can only be visited by groups with a reservation) was built in the late 1700s and shows a blend of several architectural styles, from baroque to Neo-Manueline. Its rooms rival in grandeur with those of the royal palace.

258 **PALÁCIO DA AJUDA**

Largo da Ajuda  
Ajuda ①  
+351 21 363 7095  
[www.palacioajuda.pt](http://www.palacioajuda.pt)

After the big 1755 earthquake and tsunami that destroyed the royal palace located on the riverfront, the royal family decided to build a new palace on a hopefully safer, higher ground above Belém. The palace was never fully completed but the existing part is worth a visit because of the richness of the décor and the grandeur of the rooms.

## 5 SMALL SQUARES

---

### 301 PRAÇA DAS AMOREIRAS

Praça das Amoreiras  
Amoreiras ④

The intimately small square is right in the centre of the city but the feel is almost rural, as if you were transported to a village in the countryside, far away from the traffic and noise of the city. The garden that occupies the square is lined with trees and has a lively kiosk and an art museum.

### 302 LARGO DO CARMO

Chiado ⑥

The Carmo square is the calmest spot in Chiado, far from the busy streets of this elegant district. It has restaurants with outdoor terraces, a kiosk, a museum and a church. It is also the entry point to the lift of Santa Justa and to the viewpoint of the Carmo terraces.

### 303 LARGO DE SÃO PAULO

Largo de São Paulo  
Cais do Sodré ⑥

This Parisian-style square located in the lower part of the city, at the river level, was for many decades a shabby area where you really wouldn't feel comfortable at night, given the many illegal activities that went on there. Now all that has changed and the square and the adjoining streets are the heart of Lisbon's nightlife.

### 304 LARGO DE SÃO MIGUEL

Largo de São Miguel  
Alfama ⑦

This closed square is where you'll find the imposing church of São Miguel, with its steps where people sit on warm nights drinking and enjoying the scenery. You'll also find many fado restaurants that here provide a lively soundtrack to the daily life of the square's residents and visitors.

### 305 LARGO DA PARADA

Rua 4 de Infantaria  
Campo de Ourique ③

Largo da Parada lies in an easy-going part of town, in a quarter that's appreciated by locals for its shopping opportunities and family feel. It's a nice place to observe the local residents living their daily lives.



## The 5 best places to hear LIVE MUSIC

---

- 371 **POPULAR ALVALADE**  
Rua António  
Patrício 11-B  
Alvalade ⑧  
+351 21 796 0216  
[www.facebook.com/  
PopularAlvalade](http://www.facebook.com/PopularAlvalade)
- This is one of the best hidden secrets in town. Located in the non-touristic quarter of Alvalade and owned by a musician, Popular hosts daily shows by local bands in styles that range from rock to grunge. The venue is intimate, dark and warm – like all music bars should be. If you go there, it's very likely that you'll be the only tourist.
- 372 **HOT CLUBE DE PORTUGAL**  
Praça da Alegria 48  
Av. da Liberdade ④  
+351 21 361 9740  
[www.hcp.pt](http://www.hcp.pt)
- This bar is quite an institution in the Portuguese music scene. Opened in the mid-20th century, Hot Clube is on the list of the oldest jazz clubs in the world. It's a local and also an international reference and it has welcomed artists like Dexter Gordon and Quincy Jones.
- 373 **TEMPLÁRIOS BAR**  
Rua Flores do Lima 8  
Avenidas Novas ⑧  
+351 21 797 0177  
[www.templarios.pt](http://www.templarios.pt)
- Here is one of those gems that threaten to stay unnoticed even by discerning locals, because most people seldom go out in this residential part of town. Open since 1991, this bar on Avenidas Novas hosts daily live music shows by amateur and garage bands, and also live stand-up comedy shows.

- 374 **CASINO DE LISBOA**  
Alameda dos  
Oceanos 45  
Parque das Nações ⑩  
+351 21 892 9000  
[www.casino-lisboa.pt](http://www.casino-lisboa.pt)
- You could visit Lisbon's casino even if you are not into gambling or gaming. In fact there are very good live music performances here every day, brought to you from the Arena Lounge stage, in an area where clients sit at a rotating bar-restaurant. In addition there is a 600-seat auditorium that hosts regular theatre, dancing and music shows.
- 375 **XAFARIX**  
Avenida Dom  
Carlos I 69  
Santos ③  
+351 21 395 1395
- Owned by members of the historic band Trovante, this is a traditional and intimate live music hangout that has been around since the late 80s. The bar gets its name from its location inside an old water reservoir that supplied residents with clean water (*chafariz*).

## 5 UNUSUAL PLACES TO SLEEP

---

- 426 **PALÁCIO BELMONTE** Palácio Belmonte stands out in the Lisbon hotel scene, and deserves a class of its own. It's a secluded place, hidden behind an imposing gate by the castle walls, and offering 11 magnificent suites, all with impressive views of the old city. The palace itself dates from the 1500s and was renovated with care by Frédéric Coustols, its French owner. It has a cozy garden with a pool.
- Pátio de Dom**  
**Fradique 14**  
**Castelo** 📍  
**+351 21 881 6600**  
**[www.palacio-belmonte.com](http://www.palacio-belmonte.com)**
- 427 **PALACETE CHAFARIZ D'EL REI** This is yet another Lisbon palace that was converted to high-end accommodations after first undergoing a profound renovation to restore all of its past grandeur. The architecture is neo-Moorish - a very fashionable style in the 1900s. The existing six suites all are different but share a common charming, discreet and luxurious feel.
- Tv. do Chafariz del Rei 6**  
**Alfama** 📍  
**+351 21 888 6150**  
**[www.chafarizdelrei.com](http://www.chafarizdelrei.com)**

- 428 **THE KEEP — SLEEP BOUTIQUE/ PENSÃO NINHO DE AGUIAS**  
**Costa do Castelo 74**  
**Castelo** 📍  
**+351 21 885 4070**  
**[www.thekeep-lisbon.com](http://www.thekeep-lisbon.com)**

It's hard to match the view from this small 16-room hotel perched high above Lisbon, just below the Castle walls. It's not your traditional hotel, the feel here is more like that of a private residence where the owner personally welcomes guests and takes care of their stay. The building itself dates from 1885 and has been a hotel since the late 50s.

- 429 **PALÁCIO RAMALHETE**  
**Rua das Janelas Verdes 92**  
**Lapa** 📍  
**+351 21 393 1380**  
**[www.palacio-ramalhete.com](http://www.palacio-ramalhete.com)**

This palace located in front of the National Ancient Art Museum is said to be the setting of one of Portugal's most famous novels, *The Maias*. The exclusive hotel has only 12 rooms and suites, installed in the manor houses' living quarters. In the back there is an intimate garden with a small pool.

- 430 **THE LATE BIRDS**  
**Travessa André Valente 21-21A**  
**Bairro Alto** 📍  
**+351 93 300 0962**  
**[www.thelatebirdslisbon.com](http://www.thelatebirdslisbon.com)**

This charming and gay-friendly hotel lies a bit hidden in the heart of one of the trendiest areas of the city, on the edge of Bairro Alto and Santa Catarina. After you enter its discreet door you will find four floors with twelve beautifully decorated rooms, an idyllic pool and a lounge bar.

## The best 5 places for an **OUTDOOR RUN**

---

### 476 **TAGUS BOARDWALK** Belém ②

What better place to go for a jog than the 10-kilometre riverside boardwalk that runs alongside the Tagus from Terreiro do Paço up to Belém? The scenery is overwhelming and along the way there are many interesting points like the docks, the Electricity Museum, the Padrão dos Descobrimentos and the Tower of Belém.

### 477 **PAREDÃO**

This boardwalk runs from Paço de Arcos up to Cascais, alongside the sea. It offers a stunning scenery and it allows sports enthusiasts to enjoy the sea breeze and the beach during their workout. There are many restaurants and cafes for pit stops.

### 478 **CAMPO GRANDE** Avenidas Novas ⑧

This 19th-century urban park was recently renovated and now offers picnic areas, kids' playgrounds, sports facilities, several paddle tennis courts, a restaurant, a lake with row boats and a running track where joggers can run in an urban but at the same time green setting.

### 479 **ESTÁDIO NACIONAL** Algés ①

Estádio Nacional, also referred to as 'Jamor', is Portugal's national stadium and sports complex. It occupies an extensive plot of land on the edge of town and it boasts a football stadium, several rugby and football fields, a tennis club, a golf academy and extensive running tracks.

### 480 **MONSANTO** Monsanto

This city forest is one of the largest in the world (over 1000 hectares) and offers a multitude of jogging opportunities, on all types of soil, from asphalt to gravel. There are dozens of kilometres of tracks in the middle of the forest also that attract trail runners and BMX riders.

