

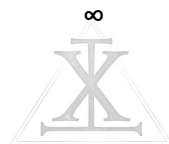
THE AWAKENING OF A PARADIGM

(And the Invitation to a Barefoot Journey)

Geovane Rodrigues Jaime



Trilingual Edition (Portuguese | English | Dutch)



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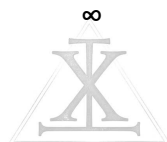
ISBN: 9789403885711

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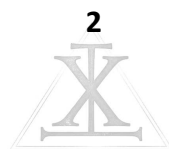


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Letter to the Reader

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Dear Reader, I am writing this letter to share the story and the reasons that led me to write my book. My name is Geovane Rodrigues Jaime, and my life journey has taken me down complex paths that have shaped not only who I am, but also the content of this work.

Coming from a humble family, I faced many difficulties, even living in makeshift tents. However, through hard work, I managed to overcome these adversities, studying architecture and urban planning and building my own office. I achieved a life that, for many, seemed impossible for someone who started from nothing.

Unfortunately, due to a lack of preparedness to deal with emotional and daily challenges, I ended up falling into a cycle of alcohol and other drug addiction. I lost everything I had built: my office, my family, and the achievements I had attained. I even ended up sleeping on the streets because I had nowhere to go, a point of utter despair.

It was at that moment that I received an invitation for treatment at a rehabilitation clinic. There, I found a solid foundation for my healing, which blended psychoanalytic treatment with spirituality. My spiritual journey began in childhood, with my mother taking me to Candomblé, where I underwent initiation and developed my sensitivity to the spiritual world.

Although I had distanced myself from religion, spirituality became an anchor in my life again during my time at the rehabilitation clinic. Studying the philosophy of Jesus gave me a new perspective and was fundamental to my recovery. Simultaneously, I delved into psychoanalysis, an area I studied thoroughly and for which I took courses for my own improvement and to better understand my background.

This process of searching and recovering gave me immense clarity. I began to notice a profound similarity between the various philosophies and religions,

realizing that, at their core, they all seek the same truth, the same "Whole" or "God," expressed in different ways in distinct cultures and eras.

For over 10 years, I dedicated myself to deepening these studies. I immersed myself in different segments, such as Buddhism, Hermeticism, and Spiritism, in addition to revisiting Christianity and Candomblé. I was able to connect all this knowledge with my own experiences, creating a practical guide to deal with problems and evolve personally.

After my recovery, I dedicated myself to social work, creating the Educating for Life Project in Brazil, which serves hundreds of children and their families. I shared my experience in lectures and received recognition from various institutions, including the Brazilian Army and media outlets such as TV Globo. I was an advisor to the Municipal Council on Drug Policies (COMAD) and a Delegate for Public Policies in two cities, actively working in the area of prevention and recovery.

My life continued to take me down new paths. After a traumatic experience, I moved countries, living in six different nations and learning about their cultures, religions, and social developments. It was from all this experience that I decided to document the theory and experience contained in the book.

My main motivation for writing this work was to break religious and institutional paradigms. The book doesn't adhere to specific dogmas, but speaks about universal spirituality, the social responsibility of humankind, and our connection with nature and the universe. Each chapter is based on solid and proven sources: science, archaeology, theology, and, above all, my own life experience, which serves as a constant laboratory.

The book is an invitation for the reader to find themselves, develop self-control and resilience. Although I hesitated for years to publish it, fearing it would be misinterpreted by religious communities, today I believe that each religion is a valuable piece in a larger puzzle, a reflection of the "Architect of the Universe." My book seeks precisely to honor this diversity, offering a path of self-knowledge and liberation.



I hope this work can be a transformative tool in the lives of those who read it, just as it was for me. This book is a foundation for sharing all my experience and knowledge, but my journey doesn't end here. In a future book, I intend to recount in detail, step by step, how each exercise and teaching from this first book was applied to my life. The next book will be my story, where I will detail the difficulties and results I obtained, and how this knowledge shaped my evolution.

Sincerely,

Geovane Rodrigues Jaime

Introduction

...

Awakening from a Paradigm – An Invitation to a Barefoot Journey

Have you ever felt a distant echo of a forgotten truth? A subtle restlessness that leads you to question pre-established narratives and seek something deeper? In a world that seems to push us towards superficiality and haste, the voice of our own spirit yearns for something that resonates with what is most essential within us. This search for meaning, purpose, and inner peace is not new; it is, in fact, one of the oldest and most powerful human journeys.

From an early age, I noticed an intriguing similarity in the most diverse religious institutions. Whether in the pomp of Catholic cathedrals, the simplicity of Buddhist temples, the vigor of evangelical services, or the rituals of Candomblé and Spiritism—yes, even in Candomblé, there is a common essence when the religion is practiced in a pure way. They all, at their core, seem to seek the same connection. They share structures, rituals, symbolism, and practices such as meditation and prayer. This perception led me on a long quest, which took me to eight countries and allowed me to visit their main temples and sacred sites of different traditions. The similarity was undeniable.

I began to see the universe as one great body, and we, its organs. Each organ has its vital function, and in the same way, each of us has a fundamental role in the tapestry of existence. The personal and spiritual evolution we seek is not about acquiring superpowers or becoming superheroes. It's about becoming aware of our actions and responsibilities as individuals. It's understanding that every act, every word, every choice we make generates a consequence. They modify the environment around us and, crucially, alter the perception, the life, the vision,



and even the feelings of those around us and those we encounter on our journey.

My own search for these answers wasn't merely theoretical; it stemmed from a profound crisis. I couldn't cope with what was happening around me, I didn't understand how life worked, how universal laws acted, or how social engineering influenced us. I ended up on a path of loss and immense suffering, becoming involved with drugs and alcohol, losing everything: my family, my home, my job. It was when I found myself barefoot, with nothing, that the true journey began.

It was through a treatment that embraced me with three pillars—spirituality, occupation, and organization—that my awakening began. There, I was introduced to the figure of Jesus, learned about his history and philosophy. I realized that this philosophy was similar to that of other institutions, such as Hermeticism and Buddhism, and even Candomblé, a path I also came to follow. Jesus' words and teachings had a much deeper interconnection, a universal wisdom that I could only reach by delving into self-knowledge, psychoanalysis, psychology, and history. I began to see the power behind actions like prayer and meditation, and it was from there that my search intensified. I arrived in Egypt, understanding people who sought spiritual and personal evolution, and also those who, in a distorted way, sought only power—a contrast that we will also explore in this book.

This book is born from that journey, a free and uncommitted analysis of history, spirituality, and knowledge. It is not a dogma, nor a doctrine to be blindly followed. On the contrary: it is an invitation for you, the reader, to remove your limiting thoughts and beliefs, release the dogmas that may imprison you, and embark on this journey barefoot. We will explore the connections between ancient wisdoms, question established interpretations, and, most importantly, discover how this journey can become a practical guide for your own personal



and spiritual evolution.

I believe that the deepest knowledge is interconnected and that the apparent fragmentation of truths dissolves when we look at the patterns that connect ancient civilizations, great masters, and the very nature of consciousness. Prepare to see history not merely as a sequence of events, but as a mirror of your own quest, a new threshold, through my perspectives, understandings, inquiries, and searches.