

# Feel the Love, Live the Magic

Relationship Magic for Queens and Kings

## Other Books by Klara Adalena

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# Feel the Love, Live the Magic

Relationship Magic for Queens and Kings

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Note: you don't need to read the whole book to start taking action or connect with me. Feel welcome to use the invitations, helpful stuff and presents that I have prepared for you on the next page.

# Invitations, helpful stuff and presents


## **Free Complimentary App with Demo Videos, Cheatsheets & More**

Get a feel of The Linking Hearts Ritual and the powerful connection, breakthroughs, love and magic this evokes. Plus handy resources like cheatsheets. Easily accessible through Klara's own app.

 [www.queensloveacademy.com/feelthelove-lite](http://www.queensloveacademy.com/feelthelove-lite)

## **Free Online Training “Break Through Glass Ceilings In Dating & Relationships”**

How to use Klara's powerful 3-Step Breakthrough The Feminine Way Practice and unlock all the love and magic that's waiting for you right now. This even works when you're super stuck in dating, or when you start to doubt whether this man is right for you after all.

 [www.queensloveacademy.com/3stepbreakthrough](http://www.queensloveacademy.com/3stepbreakthrough)

## **Daily Love & Magic Inspirations from Klara**

Go to Klara's website to sign up for her outpouring of inspiration, love and magic tips. Not for women who tell themselves love will come when they're ready.

 [www.queensloveacademy.com/](http://www.queensloveacademy.com/)

## **The Feminine Energy App**

Get Klara's Feminine Energy App and be the Queen – with access to 30 minutes of devoted practice per week plus bonuses. A great way to keep your feminine energy high and stay lavishly nourished. Soon also available through google play and apple store.

 [www.queensloveacademy.com/feminine](http://www.queensloveacademy.com/feminine)



## **VIP-Sessions and 1on1 mentoring**

If you feel you don't have time for trainings and reading and you want Klara's expert mentoring to unlock the magic and love now, apply for a VIP-session or 1on1 mentoring. Mail to:

✉ [office@klaraadalena.com](mailto:office@klaraadalena.com). Add "1on1" in the headline.

## What Readers Say

*In Feel the Love, Live the Magic Klara has created something special that lets you calibrate to true soul connection. Then manifest it with the beautiful practice of The Linking Hearts Ritual. This book is going to be a godsend for all women wanting conscious relationship, and you will want to read it again and again!*

Claire Billings, VP Marketing EMEA, UK

*Finally high-achieving women can have it all. With Klara's discovery of what truly unites two hearts, there is finally hope that successful women can access deep love and partnership even if they've been stuck for years feeling like they're "too much." With the practices in this book, deep connection is created in minutes...instead of years of couples counseling or therapy.*

Jessica Riverson, Intuitive Business Coach and Feminine Energy Mentor at The Priestess CEO, Washington, US

*This beautiful book is for all women who want their relationship to be a path for growth and expansion. Get it to open up deeper layers of love and intimacy, to celebrate feminine energy, create magic and have soul connections. Klara's vision has changed my life and I dream about a future where all queens and kings will be dating and relating like this.*

Anna van Gessel, Spiritual Counselor and Teacher in Academic Hospital, The Netherlands

*I love how Klara gives words to what my heart longs for so deeply - and I know with The Linking Hearts Ritual I can make this my reality. This book connects me back to my "soul whisperings" - and gives me the confidence and language to feel, hold and share them. This book is a true gift - read it, be touched and change your relationships.*

Magdalena Schäffer, Head of Contracts & Concepts in Renewable Energy Industry, Germany

*I have made The Linking Hearts Ritual offered in this book my regular practice and it allows me to share my feelings with my partner without judging myself or getting judged. We have come closer together and we keep finding new layers of love and connection. I'm super excited about Linking Hearts and I know this book will guide you step by step to unlock the love and magic in your relationship.*

Dr. Natascha Wyss, Head of the Swiss HEPA Network, Senior Wildfit Coach, Switzerland



# Feel the Love, Live the Magic

*This book offers a simple practice that can keep the love and magic alive in your relationship*

We say: “maybe he isn’t right after all” – but something in us knows a different truth. Nobody ever taught us to live love. The energy got murky, protective patterns kicked in, things escalated or grew apart, positions polarized. Love didn’t die, it got buried.

We try coaching but here’s a more beautiful – and faster – way. In this book you will learn about The Linking Hearts Ritual. A sacred space for the two of you where:

- ~ the fight & flight state is relieved
- ~ the monkey mind slows down
- ~ the hold of subconscious conditioning, outdated beliefs and old wounds gets lifted
- ~ woman takes back her gift of priestess and spaceholder

Within this container triggers turn into opportunities. What follows is massive shifts, massive growth and massive transformation. You share this moment of love and magic and regain confidence in the two of you.

My experience as a love and life mentor for high achieving, successful women is that dissatisfaction in a relationship is due in 90% of couples to the incapacity to let love grow - and to let love grow you. The Linking Hearts Ritual turns your relationship into a path for growth and expansion. Journey with me in this book and get the love, magic, relationship, and growth your soul knows is possible.

This book is for couples, spiritual sisters and bold daters. Don’t miss out on love and magic, it’s closer than you think.

# The Shift

*Queen, it's time to stop focusing on your stuff and start feeling the magic and love in your relationships – there's more than you think*

How would it be if you didn't have to go through years of freeing yourself from old relationship patterns – but you could do this in minutes?

To not have to waste half your date night with your partner to come back into connection – or half your holiday – but be able to connect on a deep heart level within minutes?

All this is possible – and more.

In this book I'm going to share with you my all-time favorite practice. When doing this with a partner, date, or soul sister, I feel safe and I can access my Goddess, my knowing, my womb, my feminine energy.

The portal to all this is wide open when I teach or mentor, but in more social settings I can feel lost, awkward and, instead of bringing my highest self I regress and show up with the consciousness level of a potato.

It's taken me a long time to figure out why I do that, and more importantly, how I can shift that. Out of all this self-enquiry and inner work has come one practice that both helps me see my own stuff in the moment (instead of next morning) – and it helps me show up as the mature, conscious, feminine, and juicy woman I am.

I absolutely love The Linking Hearts Ritual.

One of the very first times I expanded into couple mentoring, back in 2017, I guided an amazing couple who are still doing Linking Hearts every morning before they get out of bed, and they swear it's saved their relationship – and taken it to new heights.

Since then, I refined and simplified the practice – and seeing the shifts, awakenings, and deep homecomings my clients experience with Linking Hearts I’ve come to realize Linking Hearts is like meditation: it grows with you.

We live in the time of growth and expansion. All my clients – and their dates and partners – share one thing: their highest goal is inner growth, breaking free from limiting patterns, living their full potential, at work and in their relationship.

Nothing is more frustrating than being in a relationship that’s comfortable but blocks further growth. I once said it this way to a partner: “It feels like instead of having all the space of an open sky above my head, I have a roof. And it’s way too low.” Glass ceilings don’t only happen in careers, they happen in relationships too – and it’s the beginning of the end. Growth and expansion are such big values that we absolutely need our relationship to have that. And nothing does that better than The Linking Hearts Ritual.

Linking Hearts is the absolute best practice I know to bring awareness to your patterns because you actually start to see yourself going into your stuff as it happens. You feel it building up in your body, you feel yourself contracting, you hear yourself saying what you thought you’d never say again... And it all happens with a light and spaciousness around it so you can own it without the whole guilt and shame thing.

Having The Linking Hearts Ritual is invaluable, it lets you break through glass ceilings, so your partner and you feel again the open sky, the potential of you two together. It gives confidence that you can and will keep growing now, next year, and always.

Linking Hearts not only gives the promise you will reach that potential in some distant future... it’s your portal to access it right now. Within minutes.

How much more satisfaction would you find in your relationship when you can access the love within minutes – anytime, anywhere?

Our natural state is deep total connection, body heart mind and soul. And with Linking Hearts you drop right into that state.

I invite you to go on a journey with me, a journey where you start to see how your ego escapes the very connection you seek. You build trust that it's safe to let those escapes go, to let yourself be met fully. You build the "muscle" to hold deep soul connection and the storm of – often contradicting – emotions this generates. You experience blissful ecstasy, homecoming, tears, hope, and confirmation that the level of growth and connection you seek are possible and you can have it.

You discover that in your relationship with your partner is everything you seek – right now, right here.

Your friendships with sisters turn into deep magical spiritual sisterhood.

Your dates become more real and loving.

I've been teaching The Linking Hearts Ritual in my high-end dating program, and I found that the women who have the courage to actually start applying it, are the ones who find a partner in weeks – even if they have been stuck for years before. That's how big this practice is.

If you're ready to fall off your own pedestal, stop blaming partners or dates, go beyond fears, stop escaping, be you, have deep connection with a partner or soul sister, 10x your growth, expand into a bigger, more aligned life... then Linking Hearts and this book is for you. I'm excited to be your guide on this journey of discovery.



## My Prayer

May we remember to create sacred space together.  
May we remember we need a temple for love, devotion, and healing.  
May we remember what can be between us.

May we create a space to love with all our soul, all our heart.  
May we face our traumas, limiting beliefs, and blocking patterns –  
together.

May we celebrate our pleasure, our longing, our beauty.  
May we embrace it all in you, in me.

May we speak our raw and vulnerable truth, our struggles, our  
deepest desires.

May we share our dreams, our wisdom, our truths.  
May we choose to step out of blaming, out of victimhood.  
May we take full responsibility for who we are, what we create,  
what we bring.

May we discover the energy of sacred union and expand in her  
infinite wholeness.

May we clear her from all confusion, slander, and limitations.  
May we open up to the promise.  
May we grow in her infinite presence.

May we slow down, breathe, bring awareness, be present.  
May we feel the Goddess breathing and pulsating between us and  
around us.

May we feel the divine in you, in me, in the space between us.  
May we feel the love and live the magic.

May we do the sacred work together.  
May we create a ripple for ourselves, our beloveds, our sisters, our  
children, all of us.  
May Linking Hearts help you on this sacred journey.





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Relationship Magic: Linking  
Hearts & The New  
Relationship