

Scuba Diver's Logbook

This book belongs to:

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Quick References

Depth Conversions

Meters	Feet
1	3.3
3	10
6	20
12	40
18	60

Depth Limits by Diving Certifications

Certification	Meters	Feet
Open Water	18	60
Open Water Advanced	30	100
Open Water Deep	40	130

Pressure Conversions

Bar	PSI
1	14.5
69	1000
138	2000
207	3000
276	4000

Change in Air Consumption by Depth

Depth (m)	Depth (ft)	Pressure	Time
0	0	1 bar	baseline
10	33	2 bar	½
20	66	3 bar	⅓
30	100	4 bar	¼
40	130	5 bar	⅕

Flight Blackout:

12 hours for a single dive
18 hours after multiple dives

Typical Comfort Ranges



Dive No. _____ Date _____

Location _____

Site _____

GPS _____

Bottom Time	
To Date	
This Dive	
Cumulative	

Site: Reef Cave Wreck Fresh Salt Altitude Deep

Dive: Training Search Recreational Night Tech Drift

Gear

Wet Suit _____

Dry Suit _____

Hood _____

Gloves _____

Boots _____

Fins _____

BCD _____

lbs Too Much

kg Not Enough

Dive Profile

Pre-dive surface interval: _____

N2 % _____

CNS % _____

Entry: Boat Shore

Al Fe

air EANx _____

Exit: _____

N2 % _____

CNS % _____

The diagram shows a depth profile with a vertical axis labeled 'Depth' and a horizontal axis for time. Key points include 'surface', 'max', 'avg', and 'min'. A 'Current' wedge is shown, and a 'Safety Stop' is indicated with a 'depth/time' label. Weather icons (sun, clouds, rain, snow) are at the top.

Dive Notes: _____

Verification

Instructor Dive Master Buddy

Dive No. _____ Date _____
 Location _____
 Site _____
 GPS _____

Bottom Time	
To Date	
This Dive	
Cumulative	

Site: Reef Cave Wreck Fresh Salt Altitude Deep
 Dive: Training Search Recreational Night Tech Drift

Gear

Wet Suit _____
 Dry Suit _____
 Hood _____
 Gloves _____
 Boots _____
 Fins _____
 BCD _____

lbs Too Much
 kg Not Enough

Dive Profile

Pre-dive surface interval: _____
 N2 % _____
 CNS % _____

Entry: Boat Shore

 Al Fe
 air EANx _____

Exit: _____

 N2 % _____
 CNS % _____

The diagram shows a depth gauge on the left and a time axis on the right. The depth gauge has markers for surface, max, avg, and min. A shaded area represents the current. A 'Safety Stop' is indicated by a horizontal line at a certain depth. A clock icon is shown at the end of the time axis.

Dive Notes: _____

Verification

Instructor Dive Master Buddy

Dive No. _____ Date _____
 Location _____
 Site _____
 GPS _____

Bottom Time	
To Date	
This Dive	
Cumulative	

Site: Reef Cave Wreck Fresh Salt Altitude Deep
 Dive: Training Search Recreational Night Tech Drift

Gear

Wet Suit _____
 Dry Suit _____
 Hood _____
 Gloves _____
 Boots _____
 Fins _____
 BCD _____

lbs Too Much
 kg Not Enough

Dive Profile

Pre-dive surface interval: _____
 N2 % _____
 CNS % _____

Entry: Boat Shore

 Al Fe
 air EANx _____

Exit: _____

 N2 % _____
 CNS % _____

The diagram shows a depth gauge on the left and a time axis on the right. The depth gauge has markers for surface, max, avg, and min. A shaded area labeled 'Current' is shown between the max and avg depth markers. A 'Safety Stop' is indicated by a horizontal line at a depth above the min marker. Weather icons (sun, clouds, rain, snow) are shown at the top right.

Dive Notes: _____

Verification

Instructor Dive Master Buddy

Dive No. _____ Date _____

Location _____

Site _____

GPS _____

Bottom Time	
To Date	
This Dive	
Cumulative	

Site: Reef Cave Wreck Fresh Salt Altitude Deep

Dive: Training Search Recreational Night Tech Drift

Gear

Wet Suit _____

Dry Suit _____

Hood _____

Gloves _____

Boots _____

Fins _____

BCD _____

lbs Too Much

kg Not Enough

Dive Profile

Pre-dive surface interval: _____

N2 % _____

CNS % _____

Entry: Boat Shore

Al Fe

air EANx _____

Exit: _____

N2 % _____

CNS % _____

The diagram shows a depth profile with a vertical axis labeled 'Depth' and a horizontal axis for time. The profile starts at the 'surface', descends to a 'max' depth, then levels off at an 'avg' depth for a 'Safety Stop', and finally ascends to the 'min' depth at the 'Exit'. A 'Current' arrow indicates the direction of the water flow. Weather icons (sun, clouds, rain, snow) are shown above the surface interval.

Dive Notes: _____

Verification

Instructor Dive Master Buddy