

# New Resources for Individual Psychological Diagnosis

Between Cognitions and Emotions  
The Research Context

Version 3.0

Jan Sterenborg  
2018



## PREFACE

In “New resources for Individual Psychological Diagnosis” a diagnostic instrument is presented. The instrument can be used both in the field of cognition as in the field of emotion and is meant to be for daily practice. The cognitive approach provides verifiable data and the approach to emotions provides descriptive data in a subtle interplay of conscious and unconscious processes. The unconscious is seen as the absolute reliable experience basis in every human. The instrument is designed to let the unconscious speak in a conscious way.

This book is divided in two main chapters<sup>1</sup>:

1. Between Cognitions and Emotions, in which the new diagnostic tool is described as an elaboration of the work of Gé Calis.
2. The Research Context, in which an overview and status of the different research approaches is given. This chapter can be seen as the methodological basis for scientific psychological research.

---

<sup>1</sup> At the end of this paper a schematic overview of the approach was added and an introduction to the Summary, the technical literature and the Summary itself.



*Dedicated to Gé Calis*



*Between Cognitions and Emotions*  
*A diagnostic instrument in the making*

