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Writing a travel guide is something I have always wanted to do in my life. At age 19, I started travelling the world for my modelling career.

I have been to places such as Seoul, Beijing, Shanghai, Sydney, Melbourne, St Petersburg, Copenhagen, Vienna, Cape Town, Osaka, Los Angeles, Dallas, New York, Miami, Montreal... to name but a few.

When I'm travelling
for work, I try and see as much as possible.
Even if I'm only there for 24 hours,
I still try and discover the city,
to find a nice local restaurant or to do some shopping.
I never stay in my hotel, watch TV
and order room service, let that be clear.

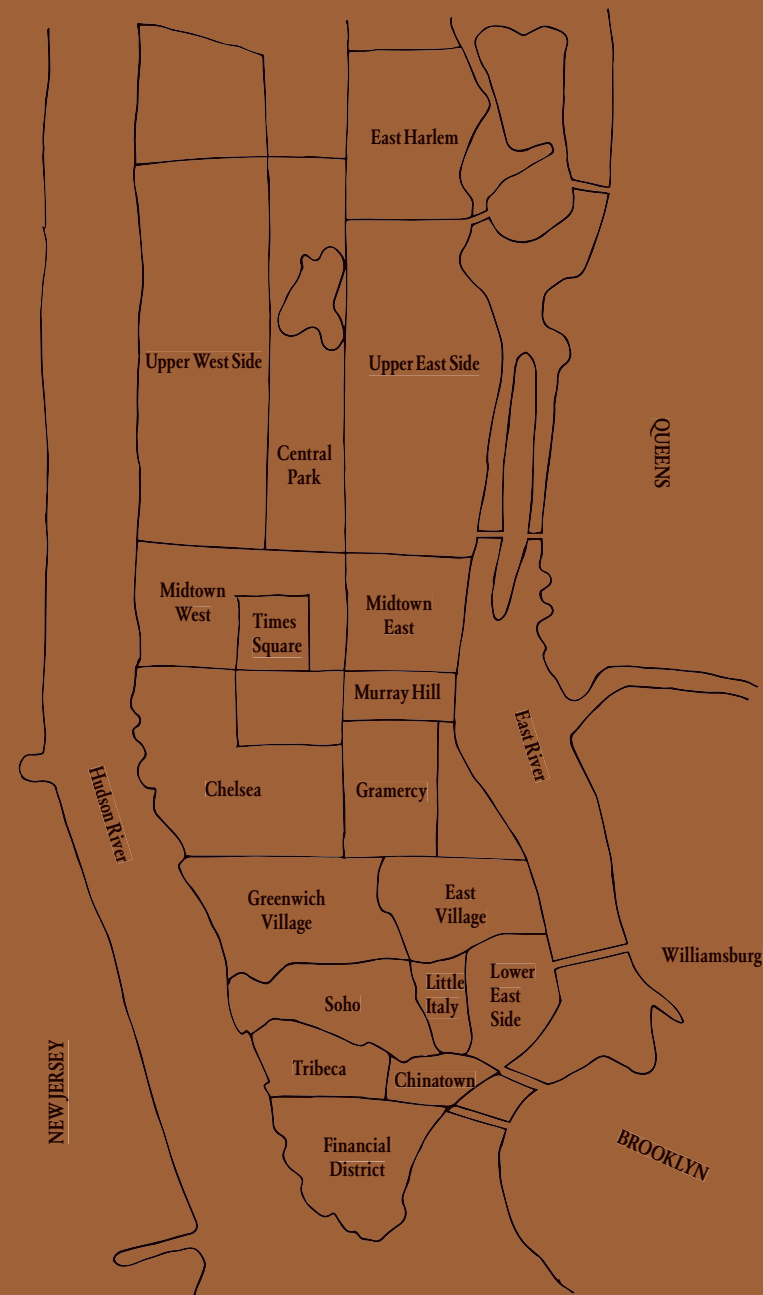
Every time my friends or family
members travel to a place they don't know,
they ask me about my favourite spots.
So I thought... why not write a book
with all my favourite destinations and
places in it?

Some of you may have been to many
of the cities in this book and may probably not
agree with my travel tips, and I probably
don't know them all...



NEW YORK CITY

and Williamsburg



New York, I Love NYC.
I may be a little biased, but New York truly
is the greatest city in the world.
NYC is open 24/7, a vibrant city, full of discoveries.
An energy which formed my career and
shaped my personality, as I have lived there
for about 8 years.

As a model, NYC is the capital
and the place to be. Just like Baz Luhrman said:
'Live in New York City once,
but leave before it makes you hard'.

A thing you do in NYC is walk you walk, walk, walk for miles, miles and miles. So don't forget to bring comfortable sneakers.



Sleep



▲ **HotelAmericano.** Great hotel for a decent price. They have a small swimming pool on the rooftop and they organize fun events in the summer.

▼ **Greenwich Hotel**
One of the best hotels in Manhattan.



Food & Drinks



► **Café Select** is a cute place for lunch that has been there since the first time I visited NYC, so many good memories. It has a little charming terrace out front and serves great Swiss food. You can eat here all day long from 8 AM to 12 PM.

► **King** is another great restaurant that I discovered. The atmosphere is very nice and sophisticated. The food is incredible. Every day they have a different menu, so that means that the food is very fresh and it's always a surprise when walking in. They always try and put lots of vegetables on the menu, something I love, and the presentation of the food is nicely done. Definitely worth a visit!





▲ **Atoboy** has a cool decor and serves great Korean cuisine with a modern touch: fun, creative and delicious. I really love this place. The staff is very friendly and the vibe is great. There is no à la carte option, so it's a 'prix fixe deal' with your choice of three dishes and a side of rice for \$42. Don't get any fancy cocktail (not that great) just get a small bottle of Soju to go for the ultimate Korean experience. Don't forget to order the Korean fried chicken!



▲ **Murray's Bagel Shop** is the best! Toasted cinnamon raison bagel, with cream cheese and salmon for the win!

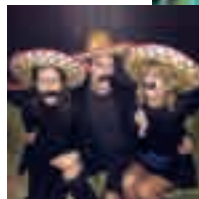
NEW YORK CLASSIC



▲ **Empire Diner** is a NYC classic. I have a huge love for American diners, they remind me of Hollywood movies. This diner serves great food and besides from the typical diner cuisine they also have some healthy options. I love their daily fresh made soups and their mac 'n cheese is YUM.



▲ **Balthazar.** I love coming here for breakfast. Check out the cute pastry store next door.



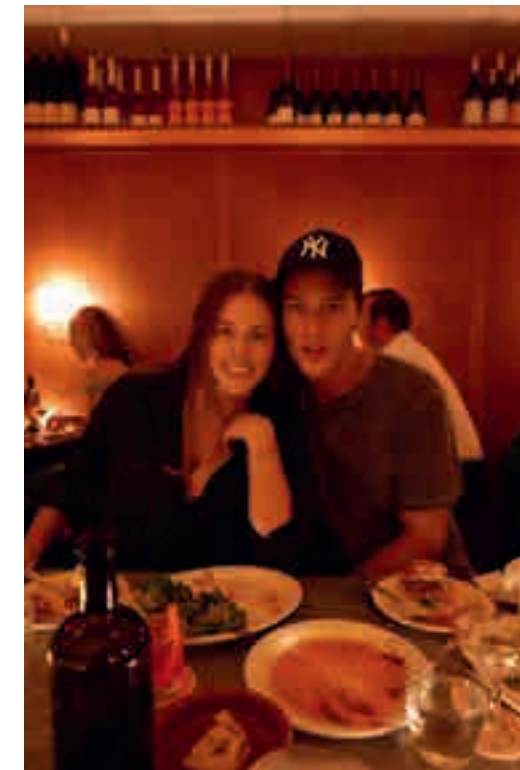
▲ **La Esquina** is a Mexican restaurant. You need to enter the place through the above "walk in restaurant". When walking down the stairs you pass by the kitchen and enter a great dark sexy restaurant in the basement. The food is yummy and the vibe is unique. A fun restaurant to go to before going out. *Try the spicy margarita.*



▲ **Lovely day** is one of the cheapest downtown restaurants that serves great Thai-ish food. Their 'Pad Thai' is delicious and so is the green curry. It always has a cool crowd and the restaurant is super charming. I like to come here during the week.



▲ **Kiki's** offers a cosy environment with two bars you can sit and eat at. This restaurant serves great Greek food and is the new place to be. Try the octopus salad.



▲ **Cervo's** is another great spot for dinner.

• **Sake Bar Decibel** is one of my favourite secret gems in the city. It's the coolest sake bar I've ever been to and a bit hidden. You have to descend a set of steps under the flashing "On Air" sign in East Village. When you enter this place you don't feel like you're in NYC at all, but in Tokyo. Sake Bar Decibel is a rough and rowdy sake bar, with blasting music and full of graffiti walls. Super cool! They serve over 100 different great rice wines. Such a unique and fun experience.



▲ This is not your average Chinese restaurant. **Mr Chow** is a New York classic. I love this restaurant; women put on their highest heels and men wear their nicest outfits; this restaurant has a beautiful atmosphere and serves delicious Chinese cuisine. *TIP: Keep those lychee martinis coming!*



▲ You can't visit NYC without eating a slice of **pizza**. My favourite pizza place is located in the heart of Nolita on Prince Street. The pepperoni pizza is to die for!