

## PUCK AND MOYAMOYA



Martine Delfos and Annick Kronenburg

# Puck and Moyamoya

For all children with a puff of smoke inside their head

with drawings by  
Sjeng Schupp

**niño**

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*For Puck, and all those brave kids who have Moyamoya*

# For guidance

*Puck and Moyamoya* is a therapeutic children's book. This story is meant to help children who have Moyamoya, to explain what Moyamoya is and why people find it so momentous that sometimes a child has to undergo an operation.

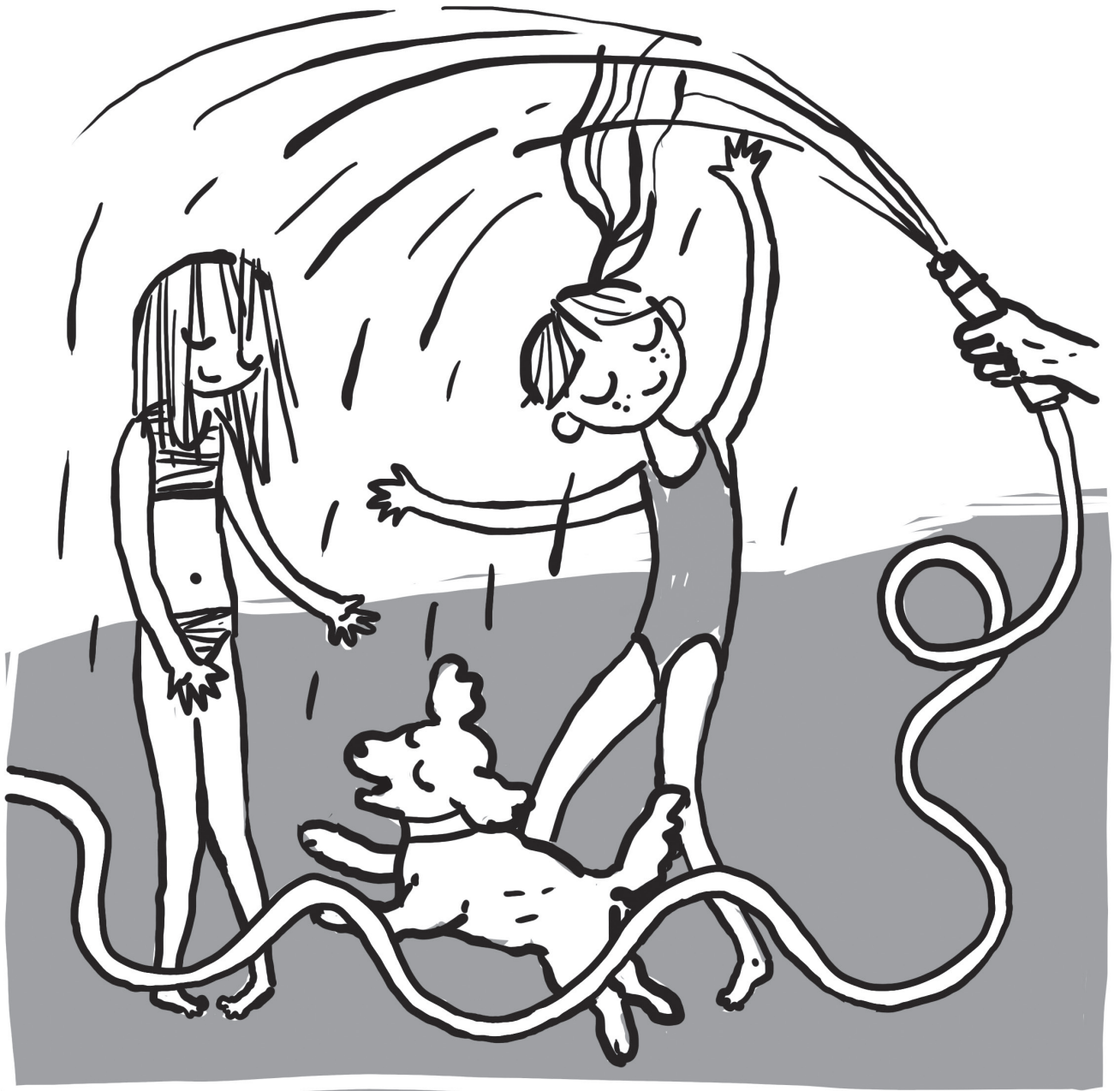
*Puck and Moyamoya* is a story to be read aloud for children aged from 4 to 10 years. The story should be read in its entirety. So please take the time for this story. Read it in a quiet environment, so that the story can be continued whenever the child wants to continue reading. Please read it anytime except before bedtime, because then your child may be pondering on the problem and have difficulties falling asleep.

The book is also suitable as a reading story at school to discuss the issues in question in a group.

In the back of the book you will find an explanation for parents, doctors, teachers and care professionals about the psychology behind the story.

Therapeutic books have proved to be a useful tool in helping children and their parents to process their emotions.

Martine F. Delfos and Annick Kronenburg  
Utrecht, the Netherlands, January 2019



Puck became 9 years old last week and she had a party. Almost the whole class was there, well, all the girls – 8 girls! It was a fun party. They baked cakes, because 9 years old you feel quite grown up, but mum and dad also helped with the baking. Every child had her own cake with a candle, so there were 9 candles altogether. They stood in a circle all around the table and Puck was allowed to run around and blow them out, one by one. It was a beautiful day and they played with water in the garden. A water festival. Everyone loved it. Buddy, Puck's dog, probably loved it the most!





Today the weather is not that nice. A bit drizzly. It is also a bit cold. It is not cold inside, it is nice and warm. This creates a fine haze of water droplets on the window.

Puck goes over the window with her finger. She makes waves and circles on the fogged window. It looks pretty nice. Puck loves to draw. When she draws, she does not think about anything and creates a funny drawing easily. Mummy and dad think Puck is creative, which means that she can make beautiful things.