



tired



hungry



thirsty



full up



sick



dizzy



cold



poorly



sore

I'm Tired

and other body feelings



Clare Hibbert
Simona Dimitri

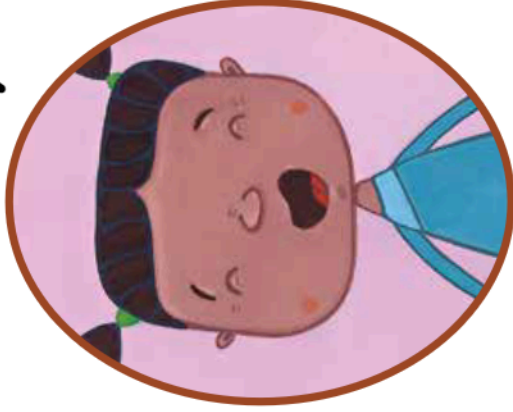
BRITISH SIGN LANGUAGE





I'm Tired

and other *body* feelings



Clare Hibbert
Illustrated by Simona Dimitri

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**The signing instructions in this book follow British Sign Language.
The visual instructions show a mirror image to make it easier for
you to practise your own signing in front of a mirror.**

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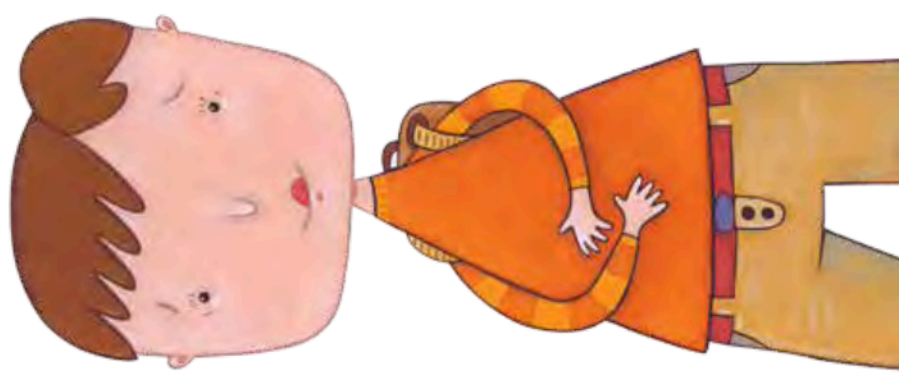


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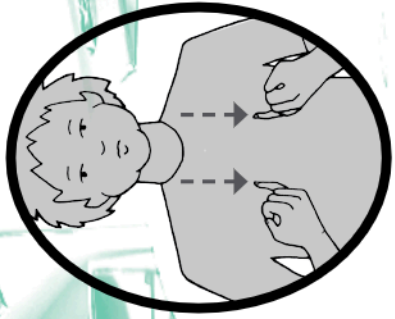
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Tired



s-t-r-e-t-c-h

yawn



full up



thirsty



hungry



tired